

**Rochester Friends Meeting**  
Religious Society of Friends (Quakers)  
84 Scio Street  
Rochester, New York 14604

**Travel Minute for Susan (Sue) Regen**

Susan (Sue) Regen has a well-established concern for encouraging the practice of forgiveness as a spiritual discipline. The authenticity of this work derives from its origins in Sue's personal journey of forgiveness, and is the source of its profound impact. Since 2002, Sue has been led to support others in this work by providing a total of 54 different events as well as individual accompaniment.

During the period since the approval of her last travel minute in 2010, she has been plenary speaker at Washington Friends Conference on Religion and Psychology, workshop leader at Mountainview Monthly Meeting (Denver), interest group leader at New York Yearly Meeting and Friends General Conference, and retreat leader at Great Plains Yearly Meeting and Butternuts Quarterly Meeting (NYYM). Previously, she led retreats or workshops at Powell House, Pendle Hill, Woolman Hill Quaker Center, Ben Lomond Quaker Center and a number of Monthly Meetings. Her work has expanded beyond Friends to workshops at Downtown United Presbyterian Church (Rochester, NY), Attica Prison, Baden Street Settlement (Rochester, NY) and Poplar Ridge, NY, Ecumenical Retreat. In addition, many individuals have been led to ask for Sue's support and counsel as they engage with forgiveness issues in their lives. Since 2008, Sue has been available to travel with her forgiveness work as a member of the Friends General Conference's Traveling Ministries Program.

Rochester Friends Meeting recognizes that the practice of forgiveness as a spiritual discipline is foundational to the Quaker testimonies of Peace and Integrity and that it provides a deepening connection to the Divine for those who engage in the work. The Meeting has appointed an ongoing support committee and has established a fund to support this ministry. Sue travels with an elder. We took this ministry under our care in 2006, renewed the travel minute in 2008 and 2010, and now renew extension of a minute of travel for Sue in forgiveness work.

In Loving Friendship,

Dawn Pozzi



Clerk

Approved by Rochester Monthly Meeting in Meeting for Business, 9th Third Month, 2014.